
A Quick Channukah Gift and Blessing before Shabbat

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Date : 15-12-2017



We first mentioned this specific gift a few weeks ago but you may have missed it within a much larger article. This is the easiest of gifts and you can and should use it many times a day, every time you recite or hear a blessing.

Most blessings begin with the word blessed, *Baruch* (????), whose *sofit* value is **708**, as in the value of 42-Letters in the fully iterated Upper 42-Letter Name of G-d.

לְהוֹרֶה

יְהוָה יִי וְיִהְיֶה

יְהוָה יִי וְיִהְיֶה דְלֶת הֵאָדָר יִי וְיִהְיֶה

This is the station hub above for clearing all the prayers and messages. As the Arizal explains, no prayer get processed without the 42-Letter Names.

It is not coincidental the Israel became a nation in **5708**.

We follow *Baruch* (????) with *Atah Adonai* (???-????) whose numerical value is



432, connecting us and the blessing to the sea of *Binah* and the *Binah* frequency of **432 HZ**. We first wrote about this frequency in "[Would I ever tell you to eat a BLT](#)" where we showed the symmetry in the Torah's last word (?????) and its first (?????) which permute to (????) (????) (????), which has the letters (???) of numerical value **432** sandwiched between the word *Ashrei* that means blessing.

Therefore, with each blessing (????????-????) that we recite, or that we say Amen to, we can connect directly and clearly to the spiritual Sea of *Binah*. The Sea of *Binah* is the World to Come, where we will find *Moshaich* consciousness waiting for us.

$$26(\text{יהוה}) + 65(\text{אדני}) = 91(\text{יאהדונהי})$$

It is also imperative that we say Amen (???) to any and all blessing we here. According to the Zohar, when we say Amen of numerical value 91 we are not only completing the powerful unification of the Tetragrammaton (????) with *Adonai* (????) as (????????) to link our world with *Zeir Anpin*, but something even more powerful happens. When we complete the blessing for someone that blessing rises up, gets approved then spreads out and rains down inclusive of all the blessings upon our world. It is that important, and that powerful. We get the same blessing that was said as if we said it ourselves and we get the light for sharing it with the entire world.

May the light of Chanukah and the blessings you hear and recite fill the entire world with the Ohr HaGanuz.

Chag Chanukah Sameach

Shabbat Shalom

Ezra