
The Deepest Secret of Kabbalah; The Deepest Secret of Heaven and Earth.

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We've revealed thousands of deep Kabbalah and Torah secrets so far, all connected to the Tree-of-life reality with the intention of bringing it into our lives. Nevertheless, this secret, while so much simpler than most, is far deeper, and is the only one that can bring *real* everlasting change to your life.

Though we've tackled some tough concepts, this one is the hardest of all to grasp, which goes hand in hand with being the most important. And because on the surface it's so simple, it's even harder for us to admit to ourselves that we don't get it.

As simple as it is and no matter how deep your knowledge of Kabbalah, spirituality, and/or life, if you haven't achieved it, you didn't *really* understand it, because if you had understood the concept, you'd already have everything in life that you *say* you want.

The secret is that if we do not have something in our life it is only because we do not have the true desire for it.

Since the Creator (Light, universe, life-force, G-d, Hashem) only wants to give (is only capable of giving), if we do not have something, it is 100% because we do not desire it. No matter what we tell ourselves and others, if we don't have it it's because we don't really want it—not in our hearts. And the corollary of that is that whatever we do have in our life is what we do desire, for good or bad. No matter how much we complain or how miserable or unfair life seems, we asked for it.

We all complain about what's wrong in our lives and to one extent or another we say that we're working on changing that, but the bottom line is unless it's actually changing, what we're getting is exactly what we've subconsciously requested (desired).

Saying it out loud, doing affirmations, going through the motions or praying for it to change doesn't help either. The only thing that can change our lives is to truly change our desires, and the only way to change our desires is to *actively* change our lives. The act of *really* physically doing something about changing our lives will change them if in our hearts we've flipped a switch and truly changed our desires. If not, like weight loss, the efforts will pay off, but only temporarily.

The proof will be in the pudding, because if things don't change then our true desires really didn't, and we were only going through the motions. If they do change permanently, it's because our desires did.

Desire is everything. Qualifications, background, history means nothing. In essence we're all one soul so we all have the same qualification. President Obama had the true desire nothing more; he had no real qualifications for being President; he had nothing but historic obstacles to overcome; yet here is. Bill Gates, Steven Jobs, Warren Buffett—bright guys all, but there are plenty of smarter guys out there, sitting around complaining about how unfair life is and wishing for a break. Plenty of billionaires at one point or another didn't have two nickels to rub together, but they had the one thing the rest of us lack: true desire. The honest truth is that none of us

have an advantage over the other, except our ability to access the abundance of the universe through our level of desire.

If you weren't born with a strong enough desire, you are going to have to fight hard to develop one.

We live in the world of action and only actions make a difference. It's like complaining we don't like what's on TV, but refusing to change the channel. On some level we must be content with what's on the screen; we must have a lack of desire to find something better to watch.

Unfortunately, with a TV it's easy to change the channel, with our inner desires not so easy. We picked the movie and we're very caught up in it, and we have a vested interest in seeing it through to end, even though we readily admit it's a very bad movie.

There are a thousand self-help books that will tell you need to change your movie and give you exercises to that effect, but none can help, in the same way that no prayer or person can either unless in your heart you realize that it's *all* up to you, that *your* reality is *your* illusion. Don't get me wrong, all those self-help programs are right and on the right track and you'll do well to follow them, but it's up to *you* to motivate *yourself* to change. No one can desire it for you.

Take what you're getting from these programs, but *take it to heart* and really change.

This concept of "true desire" is not a concept we can grasp with our minds, only with our hearts, because it's easy for our minds to grasp it—the concept is simple—but unless our movie actually changes, we never grasped anything at all; we only thought we did. And the operative word here is "*thought*," because that means you were *thinking*, which means you were using your mind again, not your heart.

If in our heart, the seat of our true desires, we want to change our lives, we can; it's just a matter of doing something about it physically.

The one prayer that works as G-d's gift to us to change something in our lives is the Ana B'koach, the 42-Letter Name of G-d, also know as the Genesis Prayer (because it derives from the first 42 letters of the Bible). Nevertheless, even the 42-Letter Name works far better when we are taking an action to help ourselves, and not sitting around meditating. Moreover, not even this powerful prayer can change our desires; that is entirely up to us. This prayer can change our immediate reality and perception, but no prayer or meditation, no matter how devout can change our desires.

If our desires were real and earnest we'd have no need of prayer. That is the Tree-of-Life reality.

I wish I had a method to offer you as to how to reach into your heart and change those true desires, but I can tell you this: once you master it, there will be nothing in heaven or earth that you can't achieve. It's all there for the taking.

The first step, as with any 12-step program—face it, we are addicted to our movies--is admitting to yourself that you have a problem. Next, is admitting to yourself that this life we have with all its troubles and issues is the one we've chosen for ourselves. This may be the hardest part, and also why so very few of us can actually take control of our desires and thus change our lives. We must first take responsibility and ownership of our troubles, of our issues, and of our lives in their entirety.

Understand this, if it's in your life, you planted it there.

Any victim-mentality will only cement our situation. It's not about understanding, but *knowing* in our hearts that these troubles and issues that plague us are *all* of our own doing—we requested (insisted on) each and every one of them, and we reiterate and renew those requests every day.

You *cannot* do this step intellectually—it must be heartfelt, but not in an emotional tearful woe-is-me sense, but as an epiphany, a true awakening within your heart (not your head). You must get out of your head in order for this to succeed, because everything your head comes up with is an illusion that masks your true spiritual abilities and keeps you stuck. Maybe you've heard the expression that Satan (symbolic of the evil inclination) controls us by creating illusions; well, we are our own Satans; we create and *solely* we create our illusions. It's all in our heads. Until you *stop* thinking and *start* realizing that everything you have you asked for, you cannot start asking for anything better.

That voice in your head telling you all sorts of things is *your* voice.

And you're very convincing; you know all the right things to say to yourself. Moreover, it's not going to stop. You have to stop listening to it; you have to listen to your heart instead.

Think of your desire as a cup, you can only fill it so far and then everything else that comes your way (better income, better relationships, better health) is just wasted. You need to trade in that cup for a much bigger one. Your rational mind is telling you that your cup is just fine; with its vast imagination your mind can fill it thousands times over. Your heart on the other hand, doesn't have a say in the matter. Your heart (a natural vessel or cup) understands limits, and knows how hard it has to work to keep refilling it. It knows your *cup* is too small, but it's not being consulted.

Your mind is the place of illusion, while your heart is the place physicality.

While the mind thinks lofty thoughts and imagines outrageous fantasies, the heart pumps away, working ceaselessly to keep us alive. If you can think and act with your heart you will be able to teach your mind a new trick and actually change your life.

You get what you desire. If you truly *get* this, you will *get* everything.

When enough of us *get* this, everyone will, as the collective reality will shift for us all. There is no reason for our collective cup to be so small either.

Our souls are connected by our hearts, not our heads, which is why the tzaddikim (righteous saints) all knew this secret and all implemented it. This is why they were *all heart*. Our heads are for scanning the cosmos, spiritual and otherwise, and drawing down information both needed and unnecessary.

When you are connected through your heart you can do great things.

Once you are properly connected through your heart you can put your head in its place. The Rav, like all tzaddikim, is connected by his heart, and thus he can draw information for us all with his head without it being influenced by his personal agenda. The rest of us are connected by our heads, which means our heads tell our hearts what to do, and thus install our personal agendas deeper each time, with each and every thought. It's no wonder this transference of power is so difficult. It's a simple concept, but a paradigm shift in how we live and operate. To break free of the illusion and limitations of our minds, we must shut them down long enough for the true longings of our hearts to make themselves known. Then guided by your heart you can swiftly manifest your new increased and improved desires for a better life.

It's fear that holds you back.

For those that are truly stuck, or who are classic underachievers, it's fear that's stopping you from improving your desires. It's the fear of what you'll find in your heart. You are afraid to find out what your true desires are. To overcome those fears, you must simply let go of them; they are just tricks of the mind to keep you tied up and stuck in a reality of chaos. It doesn't matter what you find; any light is good in a world of darkness.

G-d Bless and may each and every one of us reach our true and endless potential.

Good luck and as always, your constructive feedback it very welcome and will be shared.

Ezra