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## When Would I Ever Tell You to Eat a BLT?

**Author :** Meiliken

**Date :** 19-07-2016



Perhaps you have never heard of a BLT, a Bacon, Lettuce and Tomato sandwich, which is obviously not kosher in the slightest. Yet, a BLT sandwich has a lot to do with connecting us to *Moshiach consciousness* in the little time we have left. Believe it or not, this sandwich has been fed to us, even to the most Orthodox, every year around the holiday of Sukkot for nearly 3330 years. Truthfully, it was even served to Adam in *Gan Eden*, and not by the snake nor by Eve. Indeed, far from *treif*, this BLT sandwich is doubly blessed and contains a deep secret of healing that ties into the essential structure of our universe. I am pretty sure there is no one among us who does not need heavenly healing, cleansing, and harmonic re-alignment with the universe, or a tighter bond to *Binah* (Moshiach) energy/consciousness. If you do not need it, move on; if you do need it, please read on.

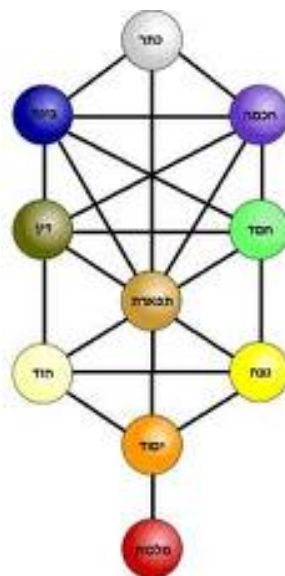
When G-d created this connection for us, he started out with a point of nothingness and expanded outward toward the BLT sandwich, and then the Torah and our



existence. We are going to trace it backwards towards its source, and we will start with the sandwich, which is found within the joining of the Torah's first and last words. Hard to miss really, yet we have done so for thousands of years. The Torah is cyclical (circular), and is read continuously every year. We make a great show of reading the first word and portion (*Bereshit*/???????) immediately after finishing the last one (*Israel*/??????). When you put them together and you get the 11 letters:

?????? ?????

You may have noticed that within each of the two words there are 4 duplicate letters (????) spelling the word *Ashrei*, meaning blessing/happy/overjoyed. It is the same *Ashrei* as in the 18 years of



Oy and *Ashrei* (Chaos and Blessing), of which we find ourselves at year 16, and as in the *Ashrei* prayer that we recite so often and through which its 22 letters and 10 Names of G-d (????) which connects us to the 32 Paths of the Tree-of-life. You may also have noticed that the letters not utilized in the two *Ashrei* (????) within *Bereshit-Israel* are the *Bet*, *Lamed* and *Tav* (???) or **BLT**.

(????) (???) (????)

This blessed sandwich, even without the mayo, holds its real power, like most sandwiches in the fillings, the BLT (???), whose numerical value is 432 and whose small gematria value in reverse is



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also **432**. Numbers are just symbols of energetic readings and indicate which socket or portal in the greater universe the underlying letters or words connect through. In this case **432** is a special frequency (**432 Hz**) to which we can tune our instruments and thus listen to our music. The first time in the Torah a word has the numerical value of **432** is in Genesis 3:8 and that word translates to “And they heard,” when Adam and Eve heard G-d’s voice in Gan Eden.

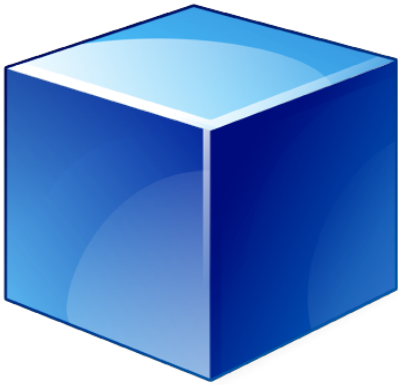


If you stop right now and start listening to music whereby *A* is tuned to **432 Hz** instead of the modern adjusted scale of 440hz, you will begin re-energizing at once and feel yourself harmonizing with the universe, where the winds of *Binah* blow at **432 Hz** and G-d’s voice can be heard at **432 Hz**. Or you could wait a few more minutes and learn why it has little to do with **432** and more to do with its source and thus adjust your consciousness as well. Most of you know that the 42-Letter Name is embedded within (reflected in) the first **42** Letters of the Torah and that is the *Mayo* in the **BLT** sandwich. Yet the



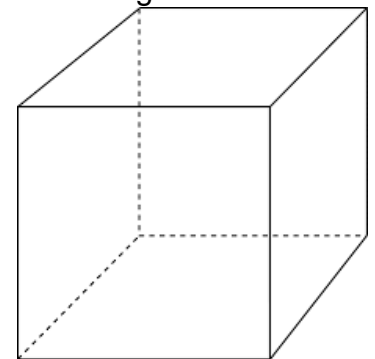
**72** Names of G-d are there as well, even though later on they are fully reflected in the 3 verses of **72** letters each for a total of **216** letters at the crossing of the Red (endless) Sea. In fact, they are at the seed level of the **432 HZ** frequency. This is so not just because **432 = 2 x 216**, but because that does play a part. To understand this, we need to take a step backwards closer to Creation.

As will be more fully explained in a subsequent article, the Zohar, written nearly 2000 years ago, describes in detail the origins of the universe and how it unfolded geometrically from a point of nothing to our physical state and through to *Binah* and beyond. For now, let us examine the 3 dimensions of our physicality defined by the simplest 3-dimensional shape, the cube, or as Abraham Avinu described it in his book, the *Sefer Yetzirah*, a “building block.” There was a point, then a line, then a square or face, and then a cube, where the energy spread out along 3 axes and thus in 6 directions, represented by the 6 faces of the cube.

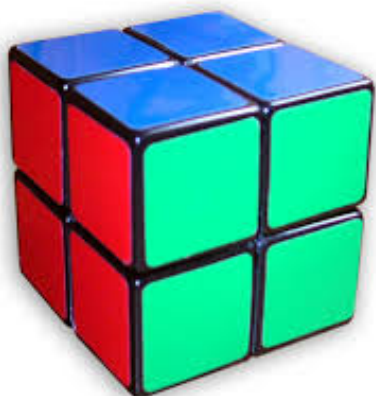


We could ascribe any length to the edge of the cube, all 12 edges being necessarily the same length but there are 10 primordial letters corresponding to 10 *sefirot* of *Tohu* (yet another pending article). One of them, the *Vav* (?), is purposely shaped like a line, or edge, and has the numerical value of **6**, as is the bar of **6** handbreadths that R' Chaim Luzzato tells us to use in the measurements of the Future Holy Temple. So when we construct our cube of 12 *Vavs* (?), we **6 x 12** or a total length of **72** and we get a total volume of **6 x 6 x 6** or **216** cubic units. Thus spiritually the energy of the **216** letters and the **72** Triplets of the **72** Names came out of a single cube.

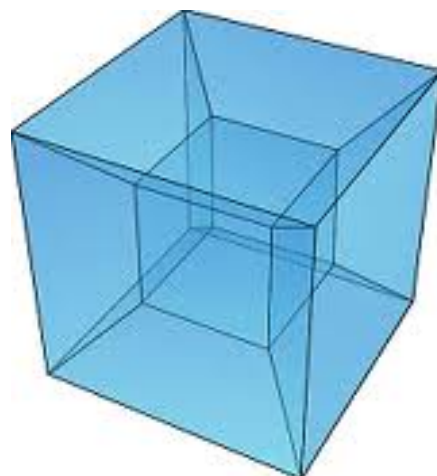
Of course we are not talking about just any cube, though they are all reflections of that first cube created out of the purest of energies. Yet, all cubes are six sided and if the length of



any side is 6 the surface area of any face will be **6 x 6** or **36** and that of all six faces will be **6 x 6 x 6** or **216** once again. Thus the energy within this cube has a volume of **216** and the energy wrapped around this same cube also has an area of **216** for a total energy frequency of **432**. That is quite a sandwich G-d gave us for the road, and that He made sure was in Adam's satchel when he left Gan Eden and began our journey.



Remember it all started with a point, and the cube, any cube, has 8 points (or vertices), 12 edges, and 6 faces, for a total of **26**, the numerical value of G-d's ineffable Name (????). The Name, not coincidentally, has a *Vav* (?) sandwiched between two letters *Hei* (??). In case we think this all might be a coincidence or that maybe G-d doesn't love us as much as I keep showing you that he does, the next natural cube consists of 8 cubes stacked 2 wide, 2 long, and 2 high with a total volume of  $216 \times 8$  or **1728**, which is the exact number of words in the Torah with a numerical value of **26**. He wants us to connect on a soul level, to be able to reach out and latch onto *Binah* at every opportunity. Why else would the numerical value of *B'Nefesh* (????) meaning "for the soul" be **432**?



When this divine cube expands into the 4<sup>th</sup> dimension it becomes what is called a *hypercube*. While this is difficult to fathom, suffice to say in the next dimension where we interact (or want to) with *Binah* each of the 6 sides (faces) of the cube expand into an entirely new cube. Here we are looking at 6 identical cubes surrounding the original one, or 7 in total. In this realm of expanded consciousness the primary geometric shape, a *hypercube*, has **72** edges and **42** faces. This tells us that if we want to ride the sea of *Binah*, our sails need to consist of the **42**-Letter Name and **72** Names matrices.



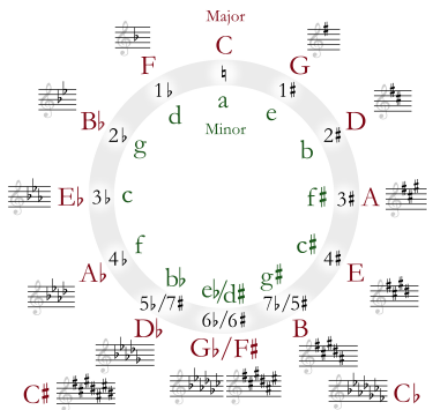
In case you were wondering, the sum of the internal and external energy of this hypercube based on the primordial Vav (?) is  $42 \times 36$  or 1512 plus  $7 \times 216$  also 1512 for a total of **3024**. This is the exact perimeter of the [Great Pyramid. \(Joseph's Pyramid\)](#), **3024** feet. Moreover the same Pyramid is built on a scale of 1:43,200 to the earth's northern hemisphere, with the Pyramid's height corresponding to the pole and the perimeter as the equator. Do not think for a second that any of this is a coincidence, especially that in this base-10 mathematical world of ours we still thankfully measure in feet, yards, and miles, and in minutes, hours and days — all

והו	יכי	סיט	עלם	מהשי	ללה	אכא	כהת
הזי	אלד	לאו	ההע	יול	מבה	הרי	הקם
לאו	כלי	ליו	פהל	נלך	ייו	מלה	וזהו
נתה	האא	ירת	עאה	ריו	אום	לכב	וער
יזו	להזו	כוק	מנדר	אני	וזעם	רהע	יז
ההה	מיכ	וול	ילה	סאל	ערי	עעל	מיה
והו	דני	הזשי	עמם	ננא	זית	מבה	פוי
נמם	ייל	הרוז	מוצר	ומב	יהה	ענו	מוזי
דמב	מנק	איע	וזבו	ראה	יבמו	היי	מום

multiples of **6**, not 10.



So when we connect by listening to music at a frequency of **432 HZ**, (which can easily be found by Googling) we are connecting to the Vav (?) sandwiched within G-d's Name (????) as it vibrates at **432** vibrations/second **432 HZ**. Even better sing it, or play it yourself. Sing the El Na RFa Na La in the right pitch to or for someone who needs healing. Sing the Ana B'koach. Meditate on the **72** Names, each one the corner of a cube, 9 columns making 9 cubes of 8 corners while listening to music in the frequency of **432 HZ**.

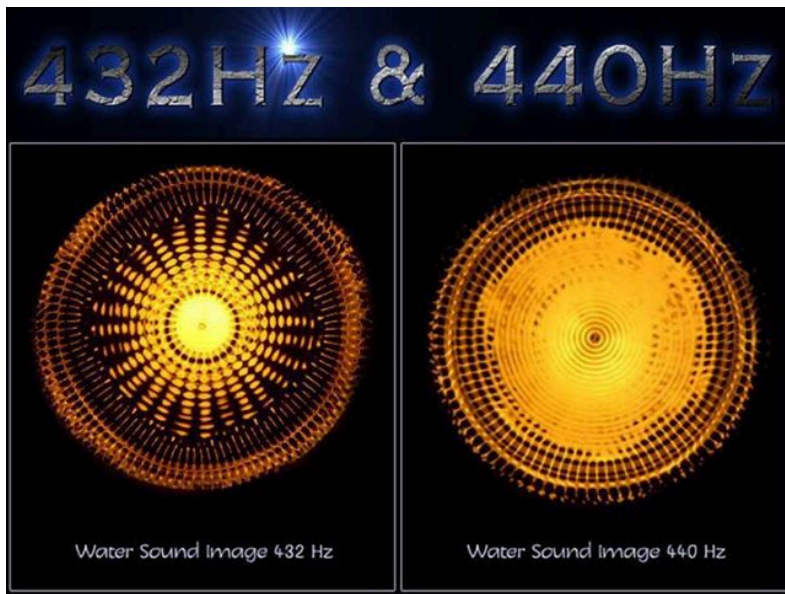


### Pythagorean scale

A = 432 Hz

A	216.0000 Hertz
A#	230.6602 Hertz
B	243.0000 Hertz
C	256.0000 Hertz
C#	273.3750 Hertz
D	288.0000 Hertz
D#	307.5469 Hertz
E	324.0000 Hertz
F	345.9902 Hertz
F#	364.5000 Hertz
G	384.0000 Hertz
G#	410.0625 Hertz
A	432.0000 Hertz

The musical scale happens naturally once a specific pitch (vibration frequency) has been set and that natural progression is completely based on complex mathematics which we will spare you, except to note that A being equivalent to **432 HZ** means that the whole tone C is **256 HZ**. Within that mathematics the 12 tones line up around the circle of **5<sup>th</sup>s** and while **256** is precisely  $2^8$  it is also the numerical value of the "Ark of the Covenant," and of the name of the **5<sup>th</sup>** Book of Moses, Devarim (?????) which summarized the whole Torah. Another natural harmonic note is F# at **720 HZ**, corresponding to **720.0**, which is the sum of the square roots of each the **72** Names. That is the natural order of music.



In Germany in the late 1930's the 440 HZ tone began to be used, then somehow in 1953 the ISO mandated it as the standard for all music worldwide. It is time we return to the natural order. Don't you think?

C	delis	D	elis	E	F	gelis	G	alis	A	belis	B	C'
1	$\frac{3\sqrt{2}}{4}$	$\frac{9}{8}$	$\frac{27\sqrt{2}}{32}$	$\frac{81}{64}$	$\frac{4}{3}$	$\sqrt{2}$	$\frac{3}{2}$	$\frac{9\sqrt{2}}{8}$	$\frac{27}{16}$	$\frac{81\sqrt{2}}{64}$	$\frac{243}{128}$	2
260.74	276.56	293.33	311.13	330	347.65	368.74	391.11	414.84	440	466.69	495	521.48
256	271.53	288	305.47	324	341.33	362.04	384	407.29	432	458.21	486	512

So why now? Why after nearly **5778** years since Creation, and **66.6** jubilee years after receiving the Torah at Sinai, are we receiving this birthday gift? Why now are we finally able to understand

$A = 432\text{HZ}$

$\varphi = \frac{1+\sqrt{5}}{2} = 1.6180339887\dots$

13, 21, 34

$$s(x) = \sum_{k=0}^{\infty} F_k x^k$$

$$= F_0 + F_1 x + \sum_{k=2}^{\infty} (F_{k-1} + F_{k-2}) x^k$$

$$= x + \sum_{k=2}^{\infty} F_{k-1} x^k + \sum_{k=2}^{\infty} F_{k-2} x^k$$

$$= x + x \sum_{k=0}^{\infty} F_k x^k + x^2 \sum_{k=0}^{\infty} F_k x^k$$

$$= x + x s(x) + x^2 s(x)$$

136, 153, 182, 204, 229, 272, 306, 364, 408, 458, 544, 612, 728, 816, 916, 1088



this power of healing and blessings that was there under our noses all along? It goes back to the *Vav* (?) and its energetic value, six (6). You see, the mathematics of musical tones are based on logarithms and as it turns out the logarithm of 6 is .7781512. So coupled with the expansion to *Binah* from that original point of nothingness being the 5<sup>th</sup> phase (from point, to line (*Vav*), square, cube, and [hypercube](#)), we get from the *Vav*, both the year **5778** (2018 CE) and the **1512** found in the hypercube tied to both the **42-Letter Name** and **72 Names** matrices. So go eat a kosher BLT and enjoy it as G-d's gift to help see us into the 5<sup>th</sup> Phase.

(????) (???) (????)

Once we are re-tuned, the harmonics of our time, our destiny, and our universe will resonate throughout. How could they not? They were designed that way. The surface temperature (energy) of



the sun is **5778?K** and its radius is **432,288** miles. The diameter of the moon is **2160** miles or 5 x **432**. The speed of light is 186,282 miles per second, only off from **432<sup>2</sup>** by **.1833%** with **1833** being the number of occurrences of the letter *Samech* (?) found in the Torah, each of numerical value **60**, which is even more harmonic as the total numerical value of the letters at the exact midpoint of the **42-Letter Name** is **1833** and because that **.1833%** equals to exactly **342** mps. Further, the radius of the Earth is **18.33 x 432**.

Once in tune, the broken *Vav* (?) in *Shalom* (????) of portion Pinchas will be healed and as Pinchas' spear becomes whole again we will welcome in peace and recover another portion of the **288** fallen sparks of Tohu necessary to usher in Moshiach and the *Geula* (Final Redemption).

If you examine the initials of *the blessed sandwich* above you will see that they spell out *Abba* (???), *Father*, so that you shall make no mistake as to who gave you that gift. Notice also that the final letters (???) sum to **420**, which are also the central 3 letters in **??????** **??????**. When we add them together, we get **420 + 4 = 424**, the numerical value of Moshiach Ben David. What a gift! It is time to give thanks to the Almighty for being alive in these times! It is a gift and a responsibility! He has shown us the blessings in the beginning and in the end. He has shown us how to make them endless. Use them; the alternative is the Oy.



[Use this gift to free yourself of your limitations, open the bonds and boundaries of your cube.  
Let go and Binah awaits.](#)

With endless blessings,

Ezra